



## CASCADE ULTRA RUNNER

### A MORE EFFECTIVE CURVED TREADMILL

The Cascade Ultra Runner not only gives you all the exercise benefits of a self powered curved treadmill, it gives you the option to add 4 levels of magnetic resistance to add higher intensity interval training. Walk or run at your own pace then add resistance to burn more calories and add variety to your workout.

Comfortable handlebars accommodate all user sizes and facilitate different exercises. Premium anti-slip molded rubber slats with sealed bearings create an exceptionally quiet and smooth running surface and reduce friction wear and tear. The ultimate training tool, the Cascade Ultra Runner is fully commercial and built to last.

### CASCADE ULTRA RUNNER - KEY PRODUCT FEATURES



#### Console With Interval Programs

Console has interval programs for high intensity workouts and displays time, distance, calories, watts, HR and speed. Built in wireless heart rate receiver.



#### Premium Anti-Slip Slats

Anti-slip heavy duty rubber molded slats have exceptional durability with sealed cartridge bearings for smooth and quiet exercise.



#### Easy To Adjust Lever

Lever has 4 levels of magnetic resistance to control the workout intensity. Range allows you to go from free running to a sled push.



#### Rear Handle

Handle makes it so easy to pick up and move the Ultra Runner.

# CASCADE

HEALTH & FITNESS®

## ULTRA RUNNER FEATURES



Large LCD screen with 7 workout modes, including 20/10, 20/30, custom intervals, 4 target settings



Easy to adjust 4 position intensity lever from free running to HIIT workouts

### KEY BENEFITS

- Commercial quality - extremely durable
- Unlimited HIIT workouts with 4 levels of magnetic resistance
- Improve power, speed, endurance and agility
- Comfortable ergonomic handlebars

### SPECIFICATIONS

Length	67" (171 cm)
Width	31" (79 cm)
Height	66" (168 cm)
Weight	289 lbs (131 kg)
Running Surface	63"x 17" (160 cm x 44 cm)
Maximum User Weight	350 lbs (159 kg)