Smooth Magnetic Resistance System
Precision flywheel and smooth magnetic resistance system delivers a smooth quiet ride and great road feel. With no friction parts to wear and tear, Cascade group exercise bikes are extremely durable and require very little maintenance.

No-Slip Multi-Position Handlebars
PVC coated handlebars adjust up/down and fore/aft for better fit.

Comfortable 4 Way Adjustable Seat
Adjusts up/down and fore/aft for better fit.

Cascade Pro Power – 16 Levels Of Resistance
Power at your fingertips. Cascade Pro Power resistance lever adjusts easily to give you 16 levels to vary the intensity of your workout – train with interval's from 30 watts to 1,000 plus watts for the most intense rider.

PRO POWER MODEL INCLUDES
- Bluetooth/ANT+ Power Console
- HR Monitor/Strap
- Dual Sided SPD Pedals
- 16 Levels Of Adjustable Resistance At Your Fingertips (Lever)

WITH BLUETOOTH/ANT+ POWER CONSOLE
The Cascade Pro Power lets you train with power for top cycling performance. Using a smooth magnetic resistance system, with no friction parts for wear and tear, the Cascade Pro Power is extremely quiet and low maintenance. The Pro Power console has an easy to read backlit screen that displays watts, heart rate, calories, resistance, speed, cadence, distance, and time. Use to record workout data with ALA Fitness App on your iPhone and ANT+ technology sends out data for applications to read. Also includes wireless heart rate monitor.

BLUETOOTH/ANT+ POWER CONSOLE
- Power – watts
- Heart Rate - current, average and maximum
- Calories – Kcal
- Level – resistance 1-16
- Speed – current, average and maximum
- Cadence – current, average and maximum RPM

CASCADE PRO POWER - KEY PRODUCT FEATURES
PRO POWER FEATURES

- Multi-position handlebar with PVC over mold grips
- Vertical adjustments secure pop pins seat and handlebars
- Horizontal micro fit adjustability seat and handlebars
- PolyV automotive belt drive
- Oversized bottom bracket
- Non-contact magnetic resistance
- Sweatshield creates a zero rust zone
- Dual water bottle holders away from sweat zone
- Oversized leg levelers
- Oversized leg levelers
- Welded end caps assure a lifetime fit

KEY BENEFITS

- Quiet smooth magnetic resistance delivers great road feel
- 16 levels of resistance to vary your workout
- Includes HR Monitor/Strap for heart rate training
- Commercial quality – extremely durable
- No friction parts – require very little maintenance

WARRANTY

- Frame: Lifetime
- Parts: 5 years
- Wearables: 2 years
- Electronics: 2 years
- Labor: 1 year

SPECIFICATIONS

- Length: 42” (107 cm)
- Height: 42” (107 cm)
- Width: 23” (58 cm)
- Weight: 96 lbs (44 kg)
- Max User Weight: 350 lbs (159 kg)