





How to Use

Product Introduction



CASCADE ULTRA RUNNER PLUS 2 - KEY PRODUCT FEATURES



Console With Phone/Tablet Holder Console has interval programs for high intensity workouts and displays time, distance, calories, watts, HR and speed. Built in wireless heart rate receiver.



Premium Anti-Slip Slats

Slats have exceptional durability
with sealed cartridge bearings for
smooth and quiet exercise.



Lever has 6 levels of magnetic resistance to control the workout intensity. Range allows you to go from free running to a sled push.



Rear Handle Handle makes it so easy to pick up and move the Ultra Runner.



Large LCD screen with 7 workout modes, including 20/10, 20/30, custom intervals, 4 target settings





intensity lever - from free running pace to maximum sled push workout

to move the Ultra Runner

ULTRA RUNNER PLUS 2 FEATURES



KEY BENEFITS

- Commercial quality extremely durable
- Unlimited HIIT workouts with 6 levels of magnetic resistance
- Improve power, speed, endurance and agility
- Dual handlebars for high and low pushes

SPECIFICATIONS

Length 74" (188 cm) Width 34" (86 cm) Height 62" (158 cm) 335 lbs (152 kgs) Weight

Running Surface 63" x 19" (160 cm x 48 cm)

Maximum User Weight 350 lbs (159 kg)

for excellent stability